**THE MEAL PLANNING SYSTEM**

TITLE: My Meals

DESCRIPTION: Create an app that allows users to plan their meals for the week and generate a grocery list based on their meal plan. The app could suggest recipes based on dietary restrictions and preferences, and allow users to save their favorite recipes.

PROBLEM: As human beings, it is obvious that we are prone to wasting time. Many people so much time trying to find out what meal they should take on that particular time. It is necessary that we have this app as it will be sending us a reminder to our phones minutes before the time of the meal and the proper ingredients that will be needed to prepare it.

MY MEALS is an app that will will help its users to prepare a proper list of meals that they will require for the whole week and the recipes in favor of its preparation. In addition to that it will also sen them notifications to their phones when the week has come an end and if they need to update the list or keep it for the incoming week or weeks.

MARKETING STRATEGY: We will use the social media to advertise this app such as Instagram, Twitter and Tiktok. If need arises we will also design posters and use posters.

**CONTACT INFORMATION**

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